



NEW! Being together, my baby and me

Post-natal virtual support programme - FREE for families across Bradford.

The Alliance has developed a programme of free post-natal virtual sessions, especially to support families with babies across Bradford.

The programme covers everything from baby brain development and sensory play, early language and communication to positive mental health and keeping your baby safe.

FREE sessions include:

- Brain development and sensory play
- Early language and communication
- Positive mental health and the outdoors
- Keeping your baby safe and healthy
- The importance of play

Interested? Please get in touch with us.

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