Wk 1 - 4th Nov, 25th Nov,

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MON

Halal Beef Bolognaise (Served with Pasta, Garlic Bread & Salad)

Vegetarian Chilli & Nachos (Served with Garlic Bread or Rice & Salad)

🚄 Spaghetti Marinara 😃 (Served with Garlic Bread & Salad)

Assorted Jackets / Sandwiches

- Jam Sponge (Served with Custard)
- Freshly **Prepared Fruit**

TUES

Halal Chicken Rogan Josh (Served with Paratha Roti & Salad)

Minced Beef & Onion Pie (Served with New Potatoes & Seasonal Vegetables)

Cheese & Potato Flan (Served with New Potatoes, Seasonal Vegetables or Salad)

> **Assorted Jackets /** Sandwiches

- **Fruit Jelly**
- **Freshly Prepared Fruit**

WED

Halal Chicken Tikka Roast

> (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

Roast Meat

(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

Quorn Roast (Served with Yorkshire Pudding & Seasonal Vegetables)

Assorted Baguettes / Sandwiches

Sprinkle Cake

(Vanilla Sponge topped with water icing and sprinkles)

Freshly **Prepared Fruit**

Cheese & Tomato Pizza with Chipped

Potatoes

THUR

(Served with Chipped Potatoes, Baked Beans or Salad)

Vegetable Samosa (Served with Riata, Chipped Potatoes & Salad)

> Assorted Jackets / Sandwiches

- **Chocolate Sponge** (With Chocolate Sauce)
- Freshly **Prepared Fruit**

FRI

MSC Battered Fish

(Served with Jacket Wedges and Seasonal Vegetables or Salad)

Vegetable Dippers with Jacket Wedges (Served with Ketchup, Jacket Wedges, Baked Beans or Salad)

> **Assorted Jackets / Sandwiches**

- Butterfly Buns
- **Freshly Prepared Fruit**

Halal Meat Lasagne (Served with Garlic Bread & Salad)

Spicy Vegetable Spring Roll (Served with Riata, Jacket Wedges, Salad or Sweetcorn)

Vegetarian Lasagne (Served with Garlic Bread & Salad)

Assorted Baguettes / Sandwiches

- **Flapjack**
- Freshly **Prepared Fruit**

Halal Chicken Jalfrezi (Served with Pilau Rice & Salad)

- Vegetarian Chilli & Nachos (Served with Garlic Bread or Rice & Salad)
- Pomodoro Pasta (Served with Fusilli Pasta, Crusty Bread & Salad)

Assorted Jackets / Sandwiches

- **Honey Cake** (Sponge Cake topped with Honey, served with Custard)
- Freshly **Prepared Fruit**

Roast Meat

(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

Cheese Roll

(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &

Assorted Baguettes / Sandwiches

- Lemon Shortcake (Served with Custard)
- Freshly **Prepared Fruit**

Sausage in a Bun

(Served with Jacket Wedges & Salad)

Cheese & Tomato Pizza with Wedges (Served with Jacket Wedges, Coleslaw &

Mexican Burrito with Wedges

Salad)

(Served with Jacket Wedges, Coleslaw or Salad)

Assorted Jackets / Sandwiches

- Chocolate Sponge (With Chocolate Sauce)
- Freshly **Prepared Fruit**

Halal

(Served with Chipped Potatoes & Salad)

Chicken Nuggets

MSC Fish Fingers (Served with Chipped Potatoes & Baked Beans or

Vegetable Pakoras with Chip's (Served with Chipped

Potatoes, Riata and Salad) **Assorted Jackets /**

Volcano Buns (Cookies with a Jam /

Sandwiches

Lemon filled middle) Freshly **Prepared Fruit**

Halal Chicken Biryani (Served with Flat Bread & Salad)

Meat Bolognaise (Served with Pasta, Garlic Bread & Salad)

Arrabiata Pasta (Served with Garlic Bread & Salad)

Assorted Baguettes / Sandwiches

- **Ice Cream Tubs**
- Freshly **Prepared Fruit**

- **Savoury Roll** (Served with Jacket Wedges & Salad or Sweetcorn)
- **Homemade Cheese** & Onion Pasty (Served with Jacket Wedges & Salad

or Sweetcorn)

Assorted Jackets / Sandwiches

- Fruit Jelly
- **Freshly Prepared Fruit**

Halal Aloo Keema (Served with Yorkshire Pudding & Seasonal Vegetables)

Roast Meat

(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

Vegetarian Toad in the Hole (Served with Roast Potatoes, Seasonal

> Vegetables & Gravy) **Assorted Baguettes /** Jackets

- Paris Sandwich (Served with Custard)
- Freshly **Prepared Fruit**

- Halal Chicken Burrito (Served with Tortilla Chips, Coleslaw or Salad)
- **Cheese & Tomato** Pizza with Tortilla Chips (Served with Tortilla

Chips, Coleslaw & Salad)

Assorted Jackets / **Baguettes**

- **Marble Sponge** (With Chocolate Sauce)
- Freshly **Prepared Fruit**

MSC Fishcake

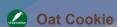
(Served with Ketchup, Chipped Potatoes, Baked Beans or Salad)

MSC Salmon & Sweet **Potato Fishcake**

(Served with Ketchup, Potato Wedges, Baked Beans or Salad)

> **Assorted Jackets / Sandwiches**

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Freshly **Prepared Fruit**









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food quarter



FM SERVICES



